

Basic Slinging and Lifting Operations

This course is designed for any employee who may be required to sling and lift workplace equipment as part of their normal work

Course Objectives

Successful completion of this course will enable delegates to:

- Identify company lifting equipment and accessories and recognise safe working load (SWL's) and lifting capabilities and limitations.
- Carry out pre-use checks and recognise the actions to be taken with defective lifting equipment.
- Understand the regulations governing the safe use of lifting equipment.
- Recognise safe working procedures, including the safe use, maintenance and storage of lifting accessories.
- Carry out slinging and lifting operations in a safe and practical manner, using appropriate lifting accessories.
- Recognise the recommended crane signals. (As applicable)

All training is carried out in-house at your UK site premises by one of our Accredited fully qualified, experienced crane instructors tailored to suit your specific requirements and held on date(s) to suit you with training start times from 7.30am to fit in with delegates working hours.

Course Venue: Held in-house at your site (on a day to suit you)
Course Duration: Dependant on delegate numbers and their experience
Contact us with your requirements (Novice, Refresher or mix of both)

Course Content

- Introduction to the Health & Safety at Work Act, PUWER and LOLER Regulations (the need for training and causes of accidents)
- Introduction to the company's lifting accessories and handling attachments
- Pre-use check of the lifting equipment, lifting accessories, including the fault reporting procedures
- Slings and signallers safety rules, as per the recognised Codes of Practice
- Safe working practice, slinging loads in a safe and efficient manner
- Recognised method of signalling
- Practical Assessments

Certification:

Each course delegate will be given a theoretical test (multi-choice format) to assess their job related safety knowledge and a practical skills test to assess their operating skills. A certificate of training will be awarded to successful candidates.



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