



NewGrange

TRAINING & SERVICES LTD

Better People, Better Business®

Slinger/Banksman

This one day course provides the necessary information and practical instruction to make delegates aware of the dangers involved in the slinging of materials.

The course covers current health and safety legislation including the L.O.L.E.R. and P.U.W.E.R. Regulations, as well as safe practices and ensuring the equipment is used correctly and safely at all times.

Course Location: On-Site at your premises

Course Duration: 1 Full Day, 9.30am-4.30pm (date to suit you)
or earlier start time if preferred (e.g. 8am-3pm)

No. of Delegates: 6 delegates max

Course Content

- Statutory duties under Health and Safety at Work Act 1974
- Legislation affecting Lifting Operations
- The requirements of the L.O.L.E.R. & P.U.W.E.R. Regulations
- Correct slinging procedures and signalling techniques
- The importance of weight, centre of gravity and sling and angles in relations to the safe working load of the lifting tackle
- Operators responsibilities under the Law
- Potential hazards associated with lifting operations and how to overcome them

THEORY OF TRAVELLING CRANE SAFETY

Pre and post inspection, Preparation of lift site and set down area

Weight estimation

Selection and inspection of gear

Slinging Methodology

SLINGERS RESPONSIBILITIES UNDER THE LAW

Pre and post inspection of equipment, Demarcation of lifting area

Signallers / Banksman duties

Specialised lifting gear

Tandem lifting

SLINGING AND SIGNALLING THEORY

Shop floor practical equipment inspection

Delegates Receive:

Slinger/Banksman Course Notes,
Certificate of Training, and course materials

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