

*HSE Approved Course*

## Annual First Aid Refresher Training

**This Refresher course provides you with an opportunity to practise and update your skills at any time during your three year period as a qualified first aider.**

The HSE strongly recommends that you attend a refresher session **once every year** during this three year period.

### **Who should attend?**

This course is for people holding a current First Aid at Work or Emergency First Aid at Work certificate.

**Course Location:** On-Site at your premises

**Course Duration:** One Half Day (3Hrs - AM or PM with course date to suit you)

**No. of Delegates:** 12 delegates max per course (HSE requirement)

**DELEGATES MUST SUPPLY A COPY OF THEIR CURRENT VALID FIRST AID AT WORK CERTIFICATE**



### **What will you learn?**

This 3Hr course builds on your expertise and confidence by involving you in realistic situations with simulated casualties. Delegates will practise first aid in practical, hands-on scenario sessions.

### **Delegates Receive:**

Course Notes/First Aid Booklet

HSE Approved First Aid at Work Certificate valid for 3 years

Course Materials

*This course is run by an HSE Approved Instructor & Approved Centre*

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