



NewGrange

TRAINING & SERVICES LTD

Better People, Better Business®



Emergency First Aid at Work *including A.E.D.*

This one day course will help you meet current regulations for emergency over only and is ideal for smaller workplaces that present few health and safety risks.

Course Location: On-Site at your premises

Course Duration: 6 Hours (course date & course time to suit you)

No. of Delegates: 12 delegates max

Benefits to the organisation:

Reassurance that in the event of accident or illness in a low risk working environment, trained staff will have the knowledge and confidence to take charge and handle the situation correctly.



Course Content:

- The role of the first aider
- Managing an emergency
- Communication and casualty care
- Resuscitation (adult CPR)
- A.E.D. Defibrillator prompts and how to respond
- Defibrillator pad replacement
- Recognition and treatment of shock
- Choking (adult)
- Burns
- Seizures (adult)
- Blood loss/bleeding (minor and severe)
- Common workplace injuries
- The unconscious / unresponsive casualty
- Health and Safety (First Aid) Regulations
- Record keeping and accident reporting

Delegates Receive:

Emergency First Aid at Work Training Certificate valid for 3 Years, Course Booklet, Course Materials (Pen, Folder)

We provide all the necessary First Aid Supplies and AED "dummy unit" equipment

This course is run by an Ofqual Approved Instructor

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