



# NewGrange

TRAINING & SERVICES LTD

*Better People, Better Business®*



## Automatic External Defibrillator AED

**Aimed at:** This course is intended for any person who holds a valid First Aid, Appointed Persons or LifeGuard Certificate wishing to use an AED in their organisation.

**Course Location:** On-Site at your premises

**Course Duration:** 3-4 Hours (course date & course time to suit you)

**No. of Delegates:** 10 delegates max

In the United Kingdom, sudden cardiac arrest claims more than 300,000 lives each year. As the single leading cause of death in the U.K. Sudden cardiac arrest in adults is frequently caused by ventricular fibrillation, an abnormal, chaotic heart rhythm that prevents the heart from pumping blood. The most effective treatment for ventricular fibrillation is defibrillation, delivering an electric shock to the heart with a machine called a defibrillator. Anyone trained in the use of these devices and in basic life support will be able to safely and effectively use an AED.



### Course Content:

- An overview of Ventricular Fibrillation and the use of defibrillators.
- A scenario featuring a First Aider who is the first to respond to a cardiac arrest patient. The emphasis is on the ABC of patient care.
- A scenario featuring Basic Life Support-trained First Aiders with an emphasis on AED operation.
- Instructor-led demonstrations of the ABCs and AED operation.
- Hands-on practices for the delegates (using your AED kit or equipment can be provided)

### Assessment

The course is run by a registered trainer. Successful participants will be awarded an attendance Certificate on successful completion and assessment of the course.

### Delegates Receive:

Appointed Persons First Aid Training Certificate  
Course Notes  
Course Materials

We provide all the necessary First Aid Supplies and equipment

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